

## HIGHLIGHTS OF 2018



- # Regional Super Series Championships 2018
- #Rumba in the Jungle 2018
- #SAODC – South African Open Dance Championship 2018
- # South African National Colours 2018
- # SADF Professionals
- # SADF 10 Dancers
- # Thank you message from SADF Board of Directors

## 20NICETHINGS - 2019



- #20NICETHINGS - 2019
- #SADF National Chairmen's Welcome speech 2019
- #Regional Chairman's welcome message
- # 2019 SADF Calendar of Events
- # SADF Membership Enrolment
- #SADF Annual Pricelist 2019
- # SADF Professionals
- # SADF Developmental strategy

## Welcome

On behalf of the South African Dance Foundation, I sincerely welcome all our members who comprise of our amateur dancers, professional dancers, administrators, office bearers, corporate and honorary members. I wish to deliberately isolate members who are in 'Good Standing' with our organisation by commending them for the good gesture of honour they continue to show towards our organisation. Our sincere welcome is extended to our supporters who have made our business easy and possible over the years. Let me particularly extract the following supporters: Sun City, North West Tourism Board, North West Gambling Board, STA Travel, Freedom to Dance, Bokone Bophirima Craft and Design Institute, Merakeng Foundation, TTT Foundation and Baila Dancewear. Without your continued support, our mission would be truly impossible. To our esteemed dancers, remain steadfast. It is just a matter of time. Time to restore and get back to the hey days where dance was the true unifier of us all. This year 2019 is also pact with exciting activities aimed at empowering you.

Dance has existed since the beginning of humankind. Before verbal or written communication existed, humans used movement to communicate and to help them comprehend, shape, and make meaning of their world. Moving rhythmically is innate - young children revel in their ability to move. Because movement as a form of self-expression is intrinsic to our existence as human beings, dance is a natural vehicle that children use to help them understand themselves and the world in which they live.

Dance education helps learners use movement to creatively express meaning. It provides learners with a way of kinesthetically learning and communicating. Dance program is designed to teach learners fundamentals in dance and choreography, and to help learners develop creativity, problem-solving, self-discipline, and focus. Through dance, learners come to appreciate rich and diverse cultures, beliefs, and societies. Dance helps people connect with one another and exists in all cultures and places. Therefore dance plays an intergral part in nation building. In this year of 2019, let us all continue to remain

and become those ambassadors of national building through dance.

From the bottom of my heart I wish to welcome the 2018 Title Holders of the 2018 South African Dance Championships of all categories. History will go down with you in our memories. To the Board of Directors of the South African Dance Foundation, let us keep this candle of hope burning. I want to exclusively thank the SADF's CEO, Ms Marion Baxter and all Arms of the SADF from Faculties to Branches, but equally welcome them to the new task ahead. To our primary patrons, which are dancers at large, Welcome to the 2019 SADF exciting year that promises to be filled with events of development and competitions. I hope you have all received the Annual Calendar and hope to see you in most, if not all, the events of the Year.

WELCOME!!

National Chairperson

Frans Malesela Sema

# North West Province:

## SOUTH AFRICAN DANCE CHAMPION- SHIPS\_NW Results

The 2018 South African National Championships held at Cape Town International Civic Centre in December went without a hitch. The North West team would like to congratulate these individuals for their exceptional effort and good results: Reabetswe Sema and Selale Mnguni, who obtained 1st place in the all-girls juvenile bronze ballroom and Latin followed by Remofilwe Sema and Omolemo Moseitloa who also obtained 1st place in the all-girls junior bronze ballroom and Latin.

Akholiswa and Kagontle Nkhumise obtained 1st place in Juvenile Silver Ballroom, in addition to their 1st placement in Juvenile Silver Latin. Tumelo Sebeko and Onkemetse Nkhumise obtained second place in the youth silver ballroom category. Furthermore, they also made it to the semi-finals for the youth championship.

Lastly Puso Malinga and Boitumelo Tlhabi obtained fourth place in youth championship category, whilst Gregory Sekobotsane and Lebo Khumalo received their national Colours. Well done to the above dancers for their success.

# Western Cape Province:



SADF WC had a successful dance year 2018 and hosted 5 Competitions and 2 Development Workshop where all genres were represented. The South African Open Dance Championships was also held at CTICC in Western Cape and we very proud to announce that it was supported by all Dance Associations and 53 Dance Studios. We have an existing Calendar planned for 2019 and have already concluded a Valentine's Day Ball and Annual Studio Awards on 15 February 2019 and a Development Workshop on 2 March 2019. We also conducted our first Human Rights Day Festival on 30 March 2019, which serves as a commemoration of our cultural heritage in support of our immense contribution to the arts, culture and heritage sector.

**HUMAN RIGHTS FESTIVAL**  
**HUMAN RIGHTS DAY**

**EQUALITY AND RESPECT TO ALL**  
Brackenfell Civic Centre  
Competition is on 30 March 2019.  
Entries close on 15 March 2019.

www.sadancefoundation.co.za claudioadams.sadfwc@gmail.com



## Valentines Day Ball & Annual Studio Awards

DATE: 15 February 2019

TIME: 19h00

VENUE: Bothasig Hall, Link Road, Bothasig

TICKETS: Adults – R80 p/p,  
Children – R50 p/p

Bring own platters & beverages.

Valentines Day dress code is appreciated.  
Funds raised will be used towards RITJ 2019.

RSVP with: Claudio Adams at [claudioadams.sadfwc@gmail.com](mailto:claudioadams.sadfwc@gmail.com), 076 731 3786

**BALLROOM, LATIN, FITNESS, SOLO LATIN, BELLY DANCE**

### PREPARE YOUR BODY FOR DANCE

FEATURING:



Jocelyn Solomons:  
Fundamentals of Solo Latin



Mandy Lapperts:  
Belly Dance Basics



Clint Borez:  
Summer Dance Camps



SATURDAY, 2 MARCH 2019

R60 P/P 11H00 – 17H00

DANCE DOMAIN TABLE VIEW UNIT 11, CAVALIER CENTRE

PARKLANDS MAIN ROAD TABLE VIEW

Contact: Claudio Adams at [claudioadams.sadfwc@gmail.com](mailto:claudioadams.sadfwc@gmail.com)

We have invited all Associations to participate in this cultural celebration of dance. Our dancers will also be participating in Summer Dance Camps in Denmark in 7-12 July 2019 and the Region is buzzing with fundraising events. We are taking dancing in the Region forward in 2019 and we are committed to inclusivity and unity in dance. Our ethos is #YesWeCan and we encourage dancers to join the SADF and enjoy our events.



## SADF Professionals

There is increased focus on Professional Development with Ballroom, Latin, Social/Pro-Am exams scheduled on the Calendar. The Regions will be hosting Professional Theory classes and SADF Professional Exams (details will follow separately).

The SADF is scheduling development for Professionals wishing to obtain their Student Teacher OR Associate OR Licentiate qualification in Ballroom, Latin American, Smooth and Rhythm Latin in 2019.

The theory classes are scheduled over 4 months with exams in June - refer to Calendar of Events 2019 for Exam dates. The Associate Ballroom classes are starting Sunday, 28 January in Goodwood at 12h00 for 2 hours at R150 per Professional per class. This tariff excludes the Exam price - refer to SADF Tariffs 2019. The schedule is planned, and the onus is on the Professional to catch up in the event a class is missed.

The Smooth and Rhythm classes still need to be scheduled. We will keep you updated on other Genre Theory classes e.g. Freestyle, Line Dance, Scrutineer that still needs to be arranged. Kindly contact: Marion Baxter, Chief Executive Officer, South African Dance Foundation,

Cell : 082 928 3103,

Fax : 021 957 2827,

Email : [sadancefoundation@gmail.com](mailto:sadancefoundation@gmail.com)

# SADF Membership Enrolment



We encourage you to renew your annual SADF membership and/or join our progressive Association that provides an Open, Unified dance platform to ALL dancers bringing you a plethora of opportunities and World Class events. Members wanting to renew/obtain a WDC Competitor and Adjudicator licenses are encouraged to renew their annual licenses this week to remain in good standing as the WDC is strict with deadline dates. The 2019 SADF Tariffs and Registration forms are attached and also accessible via the website, [www.sadancefoundation.co.za](http://www.sadancefoundation.co.za) and the Social registration forms are available directly from the Social Faculty. Kindly contact the Director of Membership, Mr Andre Cloete at [andre.cloete1@gmail.com](mailto:andre.cloete1@gmail.com) for any membership queries.

Kindly review the Communique from Mr. Andre Cloete highlighting our achievements for 2018. We are pleased to announce an amazing opportunity for two Amateur Dancers to win air tickets sponsored by our Travel Partner, Statravel, to the WDC AL World Championships in 2019. You are encouraged to register to enjoy the benefits the SADF offers.

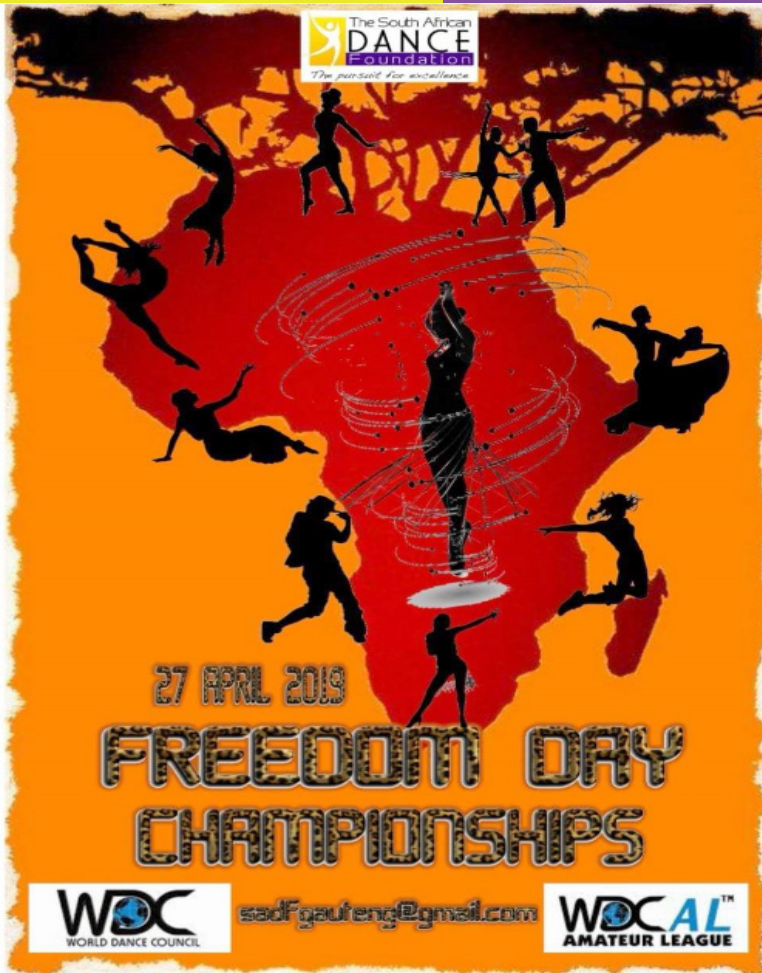
<http://sadancefoundation.co.za/category/sadf-registration/>

### Sharing is Caring:

We are pleased to share the exciting Calendar of Events, that is jam-packed with Competitions, Workshops, Development Congresses, Professional Development, WDC and WDC AL World Series events. As well as the SADF Annual Pricelist for 2019, you can find them all on our website : <http://sadancefoundation.co.za>

### Regional Super Series Championships

We are very pleased to announce we have remained consistent with the dates of the Super Series Championships, which are now in its EIGHTH year of existence. The Super Series draws top talent from ALL the Regions in South Africa and are qualifiers for the much sought-after South African Colours.



# Gauteng Province:

## FREEDOM DAY CHAMPIONSHIPS (SUPERSERIES)

Super excited to announce that our first SADF GP competition for 2019 is officially here!

FREEDOM DAY CHAMPIONSHIPS (SUPERSERIES)

Date: 27 April 2019

Venue: to be announced

Genres: Couple Ballroom & Latin, Single entry Ballroom & Latin, Solo Ballroom & Latin, Bhangra, Contemporary, Jazz, Hip Hop, Freestyle, Slowdance, Disco, Rock 'n Roll and Salsa.

For more information email the [sadfgauteng@gmail.com](mailto:sadfgauteng@gmail.com)

Gauteng province has had numerous events and all of which was super successful. Thank you for the support for 2018, looking forward to hosting you again and having a splendid relationship in 2019.



# #South African National Colours 2018

Congratulations to our beautiful dancers and well done. Consistency is the name of the game.



2018 Annual  
**Rumba in the Jungle**  
International Dance Development  
**CONGRESS**  
"Developing Sound Dancing 101"  
Friday 19th October 2018 Sun City Kings Ballroom

## CONTENT

**Tebogo Kgobekwa (South Africa)**  
Introduction

**Kim Isaacs (South Africa)**  
Partnering Skills

**Keith Armbruster (Canada)**  
Introduction of Line Dance to South Africa

**Lisa Bellinger & Alex Ivanets (UK)**  
Gold Ballroom Syllabus Routines - Slow Foxtrot & Tango

**Damiano Ciranna (Italy)**  
Introduction to Kizomba

**Lisa Bellinger & Alex Ivanets (UK)**  
Gold Latin Syllabus Routines - Rumba & Paso

**Bryan Watson (Germany)**  
Building Blocks - Technical and overall dance fundamentals in Samba and Paso Doble

**Stefano Di Filippo & Dasha Chesnokova (USA)**  
Building Blocks - Technical and overall dance fundamentals in Cha Cha Cha and Rumba

Showcase Performance by **Stefano and Dasha**

For more information contact:  
info@rumbainthejungle.com or www.rumbainthejungle.com

2018 Annual  
**Rumba in the Jungle**  
International Dance Development  
**CONGRESS**  
"Developing Sound Dancing 101"

2018 Annual Rumba in the Jungle International Dance Development CONGRESS

BONUS FEATURE Showcase Performance by Stefano & Dasha

19 OCTOBER 2018 | SUN CITY

## Rumba in the Jungle 2018

The RITJ International Dance Congress 2018 DVD is ready and includes insightful dance insights shared by World Champions and Finalists featuring Bryan Watson, Alex Ivanets, Lisa Bellinger, Damiano Ciranna, Keith Armbruster and our very own Kim Lee Isaacs (details will follow separately). We have included a bonus feature of the bonus feature of the showcases performed by Stefano Di Filippo and the beautiful Dasha Chesnokova.

[www.rumbainthejungle.com](http://www.rumbainthejungle.com)

# SOUTH AFRICAN OPEN DANCE CHAMPIONSHIPS

**30 NOVEMBER - 2 DECEMBER 2018**  
**CAPE TOWN INTERNATIONAL CONVENTION CENTRE**  
**ENTRY CLOSING DATE IS 16 NOVEMBER 2018.**

www.sadancefoundation.co.za      Emails: [sadancefoundation@gmail.com](mailto:sadancefoundation@gmail.com)  
[claudoadams.sadfwc@gmail.com](mailto:claudoadams.sadfwc@gmail.com)

## South African Open Dance Championship 2018

Our South African Open Dance Championships (SAODC), which was held on the 29th November - 1 December 2018 in Western Cape, one of the most scenic provinces in South Africa with rich history and beautiful weather. South African Champion titles was awarded in ALL dance style e.g. Ballroom, Latin American, Solo, Disco/Freestyle, Social/Pro-Am and the like. We have remained consistent with the date of the SA Championship which is the week before the WDC AL Open to World Championships. We extend warm appreciation for your amazing support at the 2018 SAODC at the iconic CTICC and prepared a DVD clip with highlights for your viewing at : <https://www.youtube.com/watch?v=3h1ha8vmEyE>

### SA JUVENILE TEN DANCE CHAMPIONS:

Ethan May and Keziah Gabriels

### SA JUNIOR TEN DANCE CHAMPIONS:

Curtley Klassen and Kisha Brown

### SA YOUTH TEN DANCE CHAMPIONS:

Moeketsi Lichabe and Lethabo Monametsi

### SA ADULT TEN DANCE CHAMPIONS:

Angelo Moroka & Percephone Cloete

### SA PROFESSIONAL TEN DANCE CHAMPIONS:

Andre Cloete & Beata Cloete



# RUMBA IN THE JUNGLE

International Dance Festival



ALL DANCE STYLES

*Sun City*  
24-27 October 2019

*Open to the World*

[www.rumbainthejungle.com](http://www.rumbainthejungle.com) | [info@rumbainthejungle.com](mailto:info@rumbainthejungle.com)



## WIN AIR-TICKET/S TO IRELAND 2019

The South African Dance Foundation, in partnership with STA Travel will proudly LAUNCH the 2019 Points Scoring log ladder for ALL Championship Dancers. The air tickets are strictly for attending the World Dance Council Amateur League Championships – Dublin, Ireland. Not Transferable. The inaugural awarding of the air tickets will take place at the last leg of the 2019 SADF Super Series Championship, which will be shared through the 2019 SADF Calendar of Events.

In order for any Championship dancer to qualify for the two air tickets to IRELAND grab, all Championship dancers have to satisfy the criteria tabled below as follows: -

### Qualification Criteria

1. All interested Dancers MUST be citizens of the Republic of South Africa, in possession of the South African Identity;
2. All Champion Dancers must be registered members of the South African Dance Foundation;
3. Upon registration, each championship dancer or couple automatically earns free 25 basis points;
4. Dancers will then accumulate points through participation at the three (3) Super Series Championships (Gauteng, North West and Western Cape), plus the South African Open Dance Championships to earn points;
5. Proposed Points

1st place	-	25 Points
2nd place	-	20 Points
3rd place	-	15 Points
4th place	-	10 Points
5th – 8th place	-	5 Points

6. The Points Scoring Log will include Championship Dancers of ALL Styles of Dance, irrespective of whether or not they are competing as solo, couple, group or formations.

7. The Winner/s will automatically earn the SADF's South African Colours and an Air-Ticket to IRELAND.

N.B. In an effort to sustain this brilliant opportunity for our dancers, the South African Dance Foundation encourages ALL dancers, their supporters and families to ALWAYS Book their travel with STA Travel by calling Gitta Harel on 072 384 5914

All Amateur dancers are encouraged to register before the end of January 2019, in order to earn the inaugural points

For all verification of Points and Registration, all eligible dancers are encouraged to call Mr Andre Cloete on 061 795 8921

PROUDLY SPONSORED BY STA TRAVEL





## Retirement of our South African Dance Professionals (Mr. Andre and Miss: Beata Cloete) from Competitive Dancing

### Andre & Beata Cloete Dance Biography

Andre and Beata Cloete started dancing in 1992 at the age of 5 and 8 in the Tiny Tots section. Together they moved through the ranks, competing nationally and internationally. In 1998, they were privileged to compete in their first International competition i.e. Junior Blackpool Festival held in Blackpool, London. They made the 48 in both Ballroom and Latin Junior Championship sections and Beata was only 11 years old at the time.

Andre and Beata also represented South Africa at the IDSA World Ten Dance Championships in the Ukraine, in 2006, where they were placed 6th in the World. Andre and Beata have after this been South African Ballroom Champions (Youth, Adult, and Professional), South African Latin American Champions (Youth, Adult, and Professional) and South African Ten Dance Champions (Youth, Adult, and Professional) multiple times and hold more than 27 South African Champion titles. They are World Dance Council Competitors and have represented South Africa at multiple World Dance Council World Championships in South Korea, Ukraine, Russia, Germany, USA, and United Kingdom. They are winning dance partnership for 26 successive years and attribute their success to having a common goal, making many sacrifices for dancing and having a great support structure.

This brother and sister duo has not only achieved excellence in their dancing career, but has also excelled in their Professional careers.

Andre Cloete is the current Director of Membership and serves on the SADF Board of Directors. The main aim of his portfolio is to administer the needs of all SADF Members and to grow the existing membership base. He works closely with all the SADF Faculties to ensure the member can benefit from the SADF service offering. Andre was elected into this position after serving for 4 years as SADF Western Cape Regional Chairperson. He played a pivotal role in developing dance in the WC Region.

Beata Cloete is the current SADF Western Cape Regional Chairperson and has played an instrumental role in unifying dance at Regional and National level. She has convened South African Championships, multiple Regional Championships and Festivals and is supported by a committed and dedicated Regional Committee. Beata noted that the intent is all genres participate in SADF events on an Open platform in unity. The ethos of WC Dance Community is #YesWeCan and we are very positive to dance.

In 2018 Andre and Beata retired from competitive dancing as the undefeated South African Professional Latin Champions and Ten Dance Champions. After 26 years of dancing, Andre and Beata felt it time to impact the lives of dancers in other ways and have subsequently started teaching a variety of genres. Both Andre and Beata are also qualified Associate Latin Adjudicators and will be focusing more of their time on adjudicating. Although no longer competitive dancers, this brother and sister duo will continue to be seen on the dance floor and strive to continue playing a pivotal role in the dancing industry.



# CSRC DANCING REPORT 2018

2018 was a year of growth and change for the CSRC dancers. We had a change in leadership with regard to the coaches which created a new dynamic within the club. This was initially a challenge but we have found our new groove and it is working wonderfully.

The purpose of our club, at its core, is one of inclusion and development. As dancing is the main activity for many of our members it is a key opportunity for them to develop life skills and social skills through their dancing. However, development is not our only focus. We also have the majority of our members wanting to dance competitively and we continue to advocate for equitable and inclusive representation in mainstream Ballroom and Latin American dancing spaces.

For the 2018 season we affiliated to the South African Dance Foundation (SADF) and we feel this was the right decision for our club. Our dancers and our mission have been embraced by SADF and our dancers are welcomed and celebrated whenever they perform at competitions. At this stage our dancers are performing demonstrations and not competing because there are too few dancers with similar disabilities to compete equitably, but these sections will be developed and introduced into competitions when the number of couples suffices to do so. We are working with SADF and encouraging them to find other opportunities to develop the adaptive dancing within their organisation.



CSRC attended the following SADF competitions:

14 April 2018 SADF Easter Festival (Glendale High School)

30 June 2018 SADF Western Cape Coastal Super Series (The Shed, Stellenbosch)

2 Dec 2018 SADF National Championships (CTICC)

Our membership increased from previous years with 28 members at the end of 2018. Our dancers are very committed to their sport

and are consistent in attending the weekly practices. Through the year the partnerships already established grew much stronger and partners have become better at communicating with each other and we also had new partnerships formed that are proving very promising. We know that all of our couples are going to achieve great things in the year to come.



Some of our dancers attended and assisted at the showcase for the Paarl School dancers on 13 October 2018. It was awesome to see other wheelchair dancers enjoying the sport and to share our love for dance with one another. We hope to work with them in the future.

A very special thing happened in 2018 where we had 5 students from Rotterdam Hogeschool in the Netherlands join our club for 10 weeks. Part of their academic requirements was to work with an organisation and find a solution to one of its challenges. A big issue for us is partners for our disabled dancers so, for the time they were with us, each student partnered with a disabled dancer, and took part in the SADF National Championships on 1 December 2018. The students also made a video about their experience and our dancing club as well as a mini Promo Pack. It was amazing to have them support our dancers in such a unique way and it gave the dancers more confidence than they had before.





## LIFE SKILLS through ADAPTIVE DANCING

Quarterly Report : Oct – Dec 2018.

The core focus of the work we do in the dancing is of course teaching the steps and the routines of each dance. However, we are also using dancing as the tool to teach lessons that our dancers can take into their lives and become stronger people, contributing positively to their communities.

We do adaptive Ballroom and Latin American dancing but we expect the same standards as you would have for non-disabled dancers. We work on physical things like posture, breathing, range of motion, etc. which improves their ability to do the dance routines properly and beautifully.

Attending the weekly dance practices is the main activity for many of our dancers with disabilities, so it is important that we have regular practices. The dancing group also forms a major part of most of our dancers' friend circle and they've gained skills in interacting and engaging with other people as friends, as partners, and as competitors. It has been amazing to see the growth of our dancers' social skills where they may be shy in other contexts but are willing and excited to speak to people in a dancing environment. Being a dancer has given them confidence to talk to people about their dancing endeavours. We have been working a lot on how our dancers present themselves when they perform at competitions and

demonstrations – presenting themselves with confidence. Many of our dancers are shy and self-conscious so this is an important step for them in engaging with others. Self-awareness and being aware of your surroundings is crucial in the dancing because when there are many couples on the floor, dancing at the same time, the dancers need to be able to work around the others while still performing their own work. This is difficult for our dancers to do, but we have seen much progress in this over the last quarter. When they achieve this, they are practicing adaptability as well as forward planning to avoid colliding with any other dancers. It can also be quite stressful for them at times so they need to manage their emotions effectively in that moment.

Important skills that run through all of our practices are things like teamwork, working with your partner to get the best out of each other, focusing on the ability we have and working on weaknesses together; self-reliance, even when working with a partner our dancers still need to know their routines as individuals so that if one forgets, the other is able to help out and get back on track - self-reliance works hand-in-hand with teamwork; and as dancers they need to have strong stamina and resilience to reach the level of dancing that they want to achieve.

### SOUTH AFRICAN DANCE FOUNDATION

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